

Team Luton Swimming Club Fast & Furious VII Sprint Meet

(Held under Swim England Laws and Regulations and Technical Rules of Racing and to the Swim England Open Meet Licensing Criteria)
 Licensed by the Swim England for entry into Regional Championships at Level 3 under No. 3ER200258
 Team Luton Swimming Club is affiliated to Bedfordshire County ASA and Swim England East Region

Saturday 11 July 2020

**at Inspire: Luton Sports Village
 Butterfield Green Road, off Hitchin Road, Luton, LU2 8DD**

Qualifying Standard

(Short Course Times)

UPPER LIMITS		Open
50m Freestyle	Boys	23.0
	Girls	24.5
100m Freestyle	Boys	50.0
	Girls	53.0
50m Backstroke	Boys	23.5
	Girls	26.0
100m Backstroke	Boys	57.0
	Girls	59.0
50m Breaststroke	Boys	28.0
	Girls	30.0
100m Breaststroke	Boys	1:00.0
	Girls	1:04.0
50m Butterfly	Boys	25.0
	Girls	28.1
100m Butterfly	Boys	55.5
	Girls	1:00.0
200m Individual Medley	Boys	2:00.0
	Girls	2:13.7