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| **JUNIOR BOYS** |
| **Event** | **9 years****50m** | **9 years****25m** | **10 years****50m** | **10 years****25m** | **11 years****50m** | **11 years****25m** | **12 years****50m** | **12 years****25m** | **13 years****50m** | **13 years****25m** |
| **50m Freestyle** | B Woodbridge35.66 15/05/10 | D Warner34.52 29/03/98 | J Juggins31.06 15/04/17 | D Flemons32.27 25/11/12 | J Juggins30.50 28/01/18 | D Warner30.07 25/03/00 | S Downey29.53 19/05/01 | R Davidson28.56 18/12/16 | R Davidson26.99 15/04/18 | R Davidson26.56 2/12/17 |
| **100m Freestyle** | L Stark1.36.23 23/06/24 | S Downey1.19.93 3/01/98 | J Juggins1.09.07 16/04/17 | S Downey1.10.96 30/05/99 | N Swift1.06.34 2/06/13 | D Warner1.05.14 11/03/00 | R Davidson1.02.27 25/03/17 | R Davidson1.02.77 17/12/16 | S Downey58.38 5/08/02 | S Downey58.51 9/03/02 |
| **200m Freestyle** | No Time | R Davidson2.46.74 22/03/14 | J Juggins2.31.60 15/04/17 | N Swift2.29.56 26/02/12  | N Swift2.22.12 30/03/13 | N Swift2.18.58 27/04/13 | S Downey2.16.53 30/06/01 | N Swift2.12.91 22/03/14 | R Davidson2.08.05 27/01/18 | R Davidson2.04.32 19/11/17 |
| **400m Freestyle** | No Time | T Lambert6.01.78 2/07/05 | N Swift5.19.86 10/06/12 | N Swift5.12.01 29/04/12 | N Swift4.51.93 31/03/13 | N Swift4.49.60 17/03/13 | N Swift4.43.59 15/06/14 | N Swift4.39.42 23/03/14 | R Davidson4.30.78 14/04/18 | R Davidson4.27.37 16/12/17 |
| **800m Freestyle** | No Time | No Time | No Time | No Time | T Lambert10.58.73 2/06/07 | T Ansell10.12.23 4/03/06 | T Lambert10.01.91 7/06/08 | T Ansell9.42.14 10/03/07 | D Riley10.06.28 2/06/07 | S Hogan9.48.03 6/03/10 |
| **1500m Freestyle** | No Time | No Time | No Time | C Taylor-Smith22.39.36 16/01/04 | N Swift19.15.81 29/03/13 | T Ansell18.55.50 25/02/06 | N Swift18.34.24 14/06/14 | T Ansell17.56.36 3/03/07 | R Compton17:56.86 19/11/11 | N Swift17.56.15 15/11/14 |
| **50m Backstroke** | K Whitehall 44.52 15/05/10 | D Warner40.40 29/03/98 | J Juggins36.61 29/05/17 | N Swift36.89 13/05/12 | J Juggins35.21 15/04/18 | D Warner34.90 26/03/00 |  J Juggins33.15 627/01/19 | J Juggins32.65 16/12/18 |  N Swift34.33 11/04/15 | R Davidson31.54 2/12/17 |
| **100m Backstroke** | No Time | D Warner1.28.27 14/03/98 | J Juggins1.19.73 27/05/17 | D Warner1.23.40 13/03/99 | J Juggins1.13.16 26/05/18 | D Warner1.15.69 11/03/00 | R Davidson1.10.45 25/03/17 | J Juggins1.11.41 16/12/18 | R Davidson1.06.69 3/02/18 | R Davidson1.05.44 2/12/17 |
| **200m Backstroke** | No Time | R Davidson2.59.93 8/03/14 | J Juggins2.50.78 13/05/17 | N Swift2.48.23 22/04/12 | J Juggins2.38.02 27/05/18 | R Davidson2.38.88 12/03/16 | R Davidson2.33.27 26/03/17 | R Davidson2.32.03 17/12/16 | R Davidson2.24.08 25/03/18 | R Compton2.21.31 27/11/11 |
| **50m Breaststroke** | K Whitehall45.58 15/05/10 | D Warner44.13 28/03/98 | N Cattle41.42 18/05/97  | D Warner42.40 27/03/99 | D Warner40.75 20/05/00 | D Warner38.64 25/03/00 | N Swift38.91 8/02/14 | D Warner37.48 9/06/01 | R Davidson33.91 27/01/18 | R Davidson33.13 2/12/17 |
| **100m Breaststroke** | L Stark1.56.27 23/06/24 | D Warner1.39.00 15/03/98 | D Warner1.30.77 3/07/99 | D Warner1.29.59 14/03/99 | D Warner1.23.66 1/07/00 | D Warner1.22.95 6/05/00 | N Cattle1.23.59 27/06/99 | N Swift1.21.29 22/03/14 | R Davidson1.13.51 4/02/18 | R Davidson1.13.15 9/12/17 |
| **200m Breaststroke** | No Time | K Whitehall3.33.26 20/03/10 | D Flemons3.24.84 18/11/12 | T Ansell3.17.57 6/03/05 | D Warner3.05.68 25/06/00 | D Warner3.03.08 6/05/00 | R Davidson2.49.10 25/03/17 | N Swift2.52.62 9/03/14 | N Cattle2.43.38 2/07/00 | N Cattle2.39.76 3/06/00 |
| **50m Butterfly** | K Whitehall42.41 15/05/10 | K Whitehall39.50 4/07/10 | J Juggins35.53 16/04/17 | N Swift37.04 28/04/12 | J Juggins33.05 27/01/18 | N Swift33.73 25/05/13 | R Davidson32.04 28/01/17 | O Fenwick31.66 26/03/22 | J Juggins29.90 26/01/20 | R Davidson29.82 2/12/17 |
| **100m Butterfly** | No Time | K Whitehall1.49.93 10/07/10 | R Davidson1.25.98 22/03/15 | S Downey1.23.36 14/03/99 | R Davidson1.16.89 14/02/16 | N Swift1.15.49 6/04/13 | S Downey1.12.03 23/06/01 | R Davidson1.12.17 18/12/16 | R Davidson1.06.22 3/02/18 | S Downey1.06.70 3/03/02 |
| **200m Butterfly** | No Time | S Hogan3.39.03 21/01/07 | T Lambert3.25.67 14/04/06 | T Lambert3.12.36 22/04/06  | N Swift2.46.28 9/06/13 | N Swift2.47.22 17/03/13 | R Davidson2.36.29 25/03/17 | N Swift2.35.78 23/03/14 | R Davidson2.24.85 25/03/18 | S Downey2.27.01 9/03/02 |
| **100m Ind Medley** | - | R Davidson1.29.11 23/03/14 | - | T Ansell1.22.53 20/03/05 | - | N Swift1.17.62 17/03/13 | - | D Warner1.13.20 27/01/01 | - | R Davidson1.08.82 24/06/17 |
| **200m Ind Medley** | N Swift3.28.39 14/05/11 | R Davidson3.09.48 22/03/14 | J Juggins2.53.94 14/05/17 | D Warner2.51.98 29/05/99 | D Warner2.38.83 24/06/00 | D Warner2.35.41 6/05/00 | R Davidson2.29.42 26/03/17 | R Davidson2.31.06 16/10/16 | R Davidson2.21.71 14/04/18 | D Warner2.25.52 2/06/02 |
| **400 Ind Medley** | No Time | No Time | R Davidson6.24.02 12/04/15 | N Swift6.08.42 28/04/12 | N Swift5.45.41 30/03/13 | N Swift5.39.98 2/03/13 | R Davidson5.19.62. 25/03/17 | N Swift5.22.46 8/03/14 | R Davidson5.06.73 25/03/18 | D Warner5.03.76 9/06/02 |

**12**

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| **SENIOR BOYS** |
| **Event** | **14 years****50m** | **14 years****25m** | **15 years****50m** | **15 years****25m** | **16 years****50m** | **16 years****25m** | **17 years****50m** | **17 years****25m** | **18 years+****50m** | **18 years+****25m** |
| **50m Freestyle** | JJ Wilde25.54 19/04/19 | R Davidson25:12 16/12/18 | JJ Wilde24.82 22/02/20 | JJ Wilde 24.36 02/11/19 | S Downey25.39 6/08/05 | S Downey25.08 20/03/05 | Joshua Batson25.41 17/11/13 | R Buckton25.10 21/05/05 | M Wright23.61 27/01/24 | M Wright22.96 2/11/24 |
| **100m Freestyle** | S Downey55.75 22/07/03 | JJ Wilde55.79 1/12/18 | JJ Wilde 54.65 2/08/19 | R Davidson53.21 03/11/19 | S Downey 54.65 8/08/05 | S Downey53.79 17/10/04 | S Downey55.09 2/08/06 | S Downey53.48 16/10/05 | M Wright51.38 20/04/24 | M Wright49.41 5/11/23 |
| **200m Freestyle** | S Downey2.00.86 30/07/03 | S Downey1.59.29 22/03/03 | S Downey1.58.22 3/08/04 | S Downe1.54.94 27/03/04 | S Downey1.56.41 5/08/05 | S Downey1.56.89 19/03/05 | M Wright1.59.31 21/03/15 | M Wright1.57.22 28/11/15 | M Wright1.54.16 27/01/24 | M Wright1:53.20 5/11/22 |
| **400m Freestyle** | S Downey4.18.27 28/07/03 | S Downey4.11.53 8/03/03 | S Downey4.11.11 3/08/04 | S Downey4.03.73 13/03/04 | S Downey4.07.77 9/08/05 | S Downey4.02.15 5/03/05 | M Wright4.13.63 22/03/15 | M Wright4.09.38 7/11/15 | M Wright4.06.04 6/05/18 | M Wright4:04.69 2/11/19 |
| **800m Freestyle** | R Davidson9.12.71 25/01/19 | L Palmer9.43.49 10/03/07 | R Davidson9.08.23 24/01/20 | L Palmer9.36.36 1/03/08 | R Buckton9.00.63 2/05/04 | R Buckton8.42.48 13/03/04 | No Time | No Time |  M Wright 8.31.57 25/01/19 |  A Mason 9.17.64 07/07/18 |
| **1500m Freestyle** | R Davidson17.50.62 19/01/19 | N Swift17.21.07 6/11/15 | R Muncer17.27.69 2/08/16 | R Buckton17.16.18 8/03/03 | M Wright16.42.23 7/03/15 | R Buckton16.33.36 9/04/04 | M Wright16.37.86 11/04/15 | M Wright16.20.04 6/11/15 |  M Wright16.23.57 26/01/18 | D Wright20.14.66 25/11/17 |
| **50m Backstroke** | R Compton31.04 18/11/12 | R Compton30.73 27/10/12 | R Davidson29.02 26/01/20 | R Compton29.70 16/03/13 | D King32.03 18/05/02 | M Wright29.10 31/01/15 | M Wright28.55 13/02/16 | M Wright28.43 9/05/15 | M Wright27.22 26/01/25 | M Wright25.61 03/11/24 |
| **100m Backstroke** | R Davidson1.04.23 20/04/19 | R Compton1.04.52 25/11/12 | R Davidson1.02.71 1/02/20 | R Davidson1.00.59 09/11/19  | M Wright1.02.87 7/03/15 | M Wright1.00.52 31/01/15 | M Wright1.01.53 30/01/16 | J Fowler1.01.11 6/12/14 | M Wright57.99 3/02/24 | M Wright54.89 4/11/23 |
| **200m Backstroke** | R Compton2.20.58 18/11/12 | R Compton2.17.03 1/12/12 | R Compton2.14.33 29/03/13 | R Compton2.12.03 2/03/13 | M Antunes2.26.21 7/10/06 | J Fowler2.14.64 8/03/14 | E Wylie2.14.64 1/05/16 | J Fowler2.10.76 7/12/14 | M Wright2.09.96 26/01/20 | M Wright2.06.04 9/12/18 |
| **50m Breaststroke** | JJ Wilde31.90 26/01/19 | JJ Wilde32.56 04/11/18 | JJ Wilde31.45 25/01/20 | JJ Wilde30.66 27/10/19 | J Wilson32.43 6/05/12 | L Palmer30.71 21/11/09 | Jordan Batson31.54 7/12/13 | Jordan Batson30.87 21/09/13 | L Palmer28.80 2/08/13 | L Palmer27.87 25/10/13 |
| **100m Breaststroke** | R Davidson1.10.87 7/02/19 | N Cattle1.10.46 12/05/01 | R Davidson1.10.05 2/02/20 | L Palmer1.08.95 16/11/08 | L Palmer1.08.33 6/12/09 | L Palmer1.07.23 22/11/09 | D Warner1.11.85 22/10/05 | D Warner1.08.73 4/03/06 | L Palmer1:04.33 31/07/13 | L Palmer1.01.43 08/12/13 |
| **200m Breaststroke** | N Cattle2.36.16 1/07/01 | N Cattle2.32.14 12/05/01 | R Muncer2.31.70 2/08/16 | R Muncer2.29.80 18/12/16 | L Palmer2.34.07 30/07/09 | L Palmer2.29.21 21/11/09 | N Cattle2.36.78 1/05/04 | N Cattle2.29.45 14/03/04 | L Palmer2:32.20 28/05/11 | L Palmer2:20.16 25/10/13 |
| **50m Butterfly** | JJ Wilde29.28 31/03/19 | JJ Wilde28.67 01/12/18 | JJ Wilde27.77 26/01/20 | R Davidson27.80 26/10/19 | J Wilson27.95 8/04/12 | L Palmer27.52 22/11/09 | D King27.47 20/04/03 | D King27.62 27/09/03 | M Wright24.91 28/01/24 | M Wright24.53 2/11/24 |
| **100m Butterfly** | S Downey1.03.53 12/04/03 | S Downey1.02.41 25/01/03 | JJ Wilde1.01.76 01/02/20 | JJ Wilde1.01.10 12/10/19 | S Downey59.61 8/08/05 | S Downey58.63 5/03/05 | S Downey59.07 22/10/05 | S Downey58.13 16/10/05 | M Wright56.75 3/02/24 | M Wright56.04 6/11/22 |
| **200m Butterfly** | S Downey2.15.47 29/07/03 | S Downey2.13.31 31/05/03 | S Downey2.11.69 4/08/04 | S Downey2.11.26 14/03/04 | S Downey2.08.72 7/08/05 | S Downey2.04.95 20/11/04 | S Downey2.11.85 30/04/06 | S Downey2.08.50 5/11/05 | M Wright2.07.01 08/08/22 | M Wright2.03.99 05/11/22 |
| **100m Ind Medley** | - | S Downey1.06.55 23/03/03 | - | S Downey1.03.55 28/03/04 | - | J Wilson1.03.18 10/03/12 | - | J Lockyer1.06.82 xx/11/08  | - | L Palmer59.57 25/10/13 |
| **200m Ind Medley** | R Davidson2.19.13 27/05/18 | R Compton2.22.76 13/05/12 | R Davidson2.16.81 06/05/19 | R Davidson2.12.87 27/10/19 | R Buckton2.22.72 1/05/04 | L Palmer2.14.72 21/11/09 | D Warner2.19.30 29/04/06 | D Warner2.14.12 4/03/06 | A Mason2.17.87 16/04/17 | M Wright2.07.84 9/12/23 |
| **400 Ind Medley** | R Davidson4.57.40 21/04/19 | R Davidson4:51.18 16/12/18 | D Warner5.05.09 29/11/03 | D Warner4.50.27 14/03/04 | L Palmer 5.02.48 6/12/09 | L Palmer4.50.91 21/11/09 | D Warner5.02.51 30/04/06 | D Warner4.47.71 18/03/06  | A Mason4.52.75 30/01/16 | A Mason4.43.54. 12/11/16 |

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| **JUNIOR GIRLS** |
| **Event** | **9 years****50m** | **9 years****25m** | **10 years****50m** | **10 years****25m** | **11 years****50m** | **11 years****25m** | **12 years****50m** | **12 years****25m** | **13 years****50m** | **13 years****25m** |
| **50m Freestyle** | A Buckingham33.70 05/02/23 | Em. Dunwoodie34.40 22/11/15 | Em. Dunwoodie31.53 18/09/16 | Em. Dunwoodie31.73 25/11/16 | Em. Dunwoodie30.76 16/04/17 | L Howard30.23 08/12/18 | L Sandiford29.13 09/06/24 | L Howard29.85 28/09/19 | F McMulkin29.50 15/05/99 | F McMulkin28.41 27/03/99 |
| **100m Freestyle** | A Buckingham1.17.65 29/01/23 | A Buckingham1.16.32 25/03/23 | V Popow1.11.98 14/04/18 | Em. Dunwoodie1.11.53 16/07/16 | L Howard1.07.87 27/01/19 | L Howard1.06.57 16/12/18 | L Howard1.04.27. 26/01/20 | L Young1.03.29 28/11/15 | F McMulkin1.04.37 1/05/99 | C Rogers1.01.61 19/11/17 |
| **200m Freestyle** | A Barnwell2.45.05 18/11/12 | A Buckingham2.41.12 26/03/23 | A Buckingham2.35.59 17/03/24 | A Buckingham2.28.94 23/03/24 |  L Young2.25.47 8/03/15 | L Howard2.22.06 09/3/19 | L Young2.19.45 31/01/16 | L Young2.13.56 28/11/15 | L Young2.18.16 30/05/16 | B Currant2.15.61 7/11/10  |
| **400m Freestyle** | A Buckingham5.57.51 29/01/23 | A Barnwell5.52.15 15/12/12 | A Buckingham5.21.89 28/01/24 | A Buckingham5.20.73 19/11/23 | L Young5.01.44 21/03/15 | A Barnwell4.59.76 25/10/14 | L Young4.42.94 13/02/16 | L Young4.41.21 13/12/15 | L Young4.44.11 29/05/16 | T Calvano4.46.28 pre Apr’10 |
| **800m Freestyle** | No Time | Em. Dunwoodie12.39.07 29/11/15 | A Buckingham10.47.00 19/04/24 | A Buckingham10.58.86 22/10/23 | A Buckingham10.26.66 24/01/25 | A Barnwell10.05.41 16/11/14 | L Young9.47.22 30/01/16 | L Young9.27.80 29/11/15 | L Young9.41.48 30/05/16 | A Harris9.44.25 26/02/11 |
| **1500m Freestyle** | No Time | No Time | A Buckingham20.55.61 9/03/24 | A Buckingham21.39.40 19/11/23 | A Buckingham20.11.51 18/01/25 | A Buckingham20.19.45 10/10/024 | A Buckingham19.54.75 04/05/25 | A Harris19.08.57 27/02/10 | A Harris19.48.57 12/06/10 | N Cashin19.25.51 21/10/23  |
| **50m Backstroke** | A Buckingham40.70 05/02/23 | Em. Dunwoodie39.88 31/10/15 | Em. Dunwoodie36.51 18/09/16 | Em. Dunwoodie35.22 12/11/16 | Em. Dunwoodie35.38 16/04/17 | L Sandiford34.94 06/10/23 | L Sandiford33.81 22/06/24 | K McNally34.23 11/03/12 | E Calvert34.66 4/02/24 | K McNally33.98 27/10/12 |
| **100m Backstroke** | A Buckingham1.26.25 28/01/23 | Em. Dunwoodie1.24.11 22/11/15 | A Buckingham1.20.27 27/01/24 | Em. Dunwoodie1.19.02 10/09/16 | L Sandiford1.16.26 14/05/23 | L Sandiford1.16.59 22/09/23 | L Sandiford1.13.93 27/01/24 | L Sandiford1.13.45 23/03/24 | E Calvert1.14.22 12/05/24 | K McNally1.11.54 16/03/13 |
| **200m Backstroke** | A Buckingham3.11.16 05/02/23 | N Smith3.01.38 5/03/11  | V Popow2.53.75 14/04/18 | A Buckingham2.40.12 23/03/25 | L Sandiford2.44.02 14/05/23 | Em. Dunwoodie2.40.89 18/12/16 | L Sandiford2.37.94 11/05/24 | B Currant2.34.27 23/01/10 | K McNally2.36.78 17/11/12 | J Taylor-Smith2.34.11 9/03/03 |
| **50m Breaststroke** | A Buckingham44.92 04/02/23 | A Buckingham43.92 25/03/23 | A Buckingham42.91 3/02/24 | A Buckingham41.70 09/12/23 | A Buckingham39.97 01/02/25 | C Rogers38.33 19/09/15 | C Rogers 38.09 30/05/16 | C Rogers37.46 24/09/16 | C Rogers 37.77 29/05/17 | C Rogers 36.26 15/07/17 |
| **100m Breaststroke** | A Buckingham1.42.20 29/01/23 | Em. Dunwoodie1.39.63 21/11/15 | A Buckingham1.35.84 28/01/24 | Em. Dunwoodie1.31.00 15/10/16 | A Buckingham1.28.01 26/01/25 | C Rogers1.22.40 10/10/15 | C Rogers1.22.66 29/05/16 | C Rogers1.20.27 25/09/16 | C Rogers 1.17.02 02/08/17 | C Rogers 1.14.97 11/11/17 |
| **200m Breaststroke** | A Barnwell3.31.40 18/11/12 | A Barnwell3.27.07 25/11/12 | A Buckingham3.20.38 17/03/24 | A Buckingham3.15.11 21/10/23 | C Rogers3.11.94 3/04/15 | C Rogers3.00.21 24/10/15 | C Rogers2.54.98 28/05/16 | C Rogers2.51.58 15/10/16 | C Rogers 2.44.58 03/08/17 | C Rogers2.47.13 3/12/16 |
| **50m Butterfly** | A Buckingham37.78 04/02/23 | A Buckingham39.13 26/03/23 | A Buckingham35.48 3/02/24 | V Rhodes35.40 09/12/23 | L Sandiford32.95 14/05/23 | L Sandiford32.84 01/07/23 | L Sandiford31.37 09/06/24 | L Howard32.87 27/10/19 | F McMulkin32.24 1/05/99 | C Rogers 30.71 15/07/17 |
| **100m Butterfly** | A Buckingham1.28.45 28/01/23 | A Buckingham1.31.51 11/12/22 | V Popow1.21.23 25/03/18 | C Rogers1.19.46 22/11/14 | L Young1.14.19 3/04/15 | L Sandiford1.11.88 08/10/23 | C Rogers1.10.27 30/05/16 | C Rogers1.12.50 28/11/15 | A Gee1.08.27 11/04/11 | C Rogers 1.08.86 10/06/17 |
| **200m Butterfly** | No Time | M Davis3.41.55 16/12/12 | L Young3.13.34 6/04/14 | C Rogers3.10.07 18/10/14 | L Young2.41.16 4/04/15 | L Young2.46.79 24/01/15 | C Rogers2.37.20 29/05/16 | L Young2.31.47 13/12/15 | A Gee2.30.56 21/05/11  | A Gee2.28.96 16/04/11 |
| **100m Ind Medley** | - | A Buckingham1.27.18 26/03/23 | - | A Buckingham1.21.26 24/03/24 | - | L Sandiford1.16.57 01/07/23 | - | C Rogers1.15.07 2/10/16 | - | C Rogers 1.10.88 24/06/17 |
| **200m Ind Medley** | A Buckingham3.10.70 28/01/23 | A Buckingham2.58.73 25/03/23  | A Buckingham2.53.59 27/01/24 | A Buckingham2.51.02 23/03/24 | L Sandiford2.46.57 19/03/23 | C Rogers2.44.59 24/10/15 | A Buckingham2.41.21 05/05/25 | C Rogers2.37.99 15/10/16 | B Currant2.45.55 27/11/10 | C Rogers 2.32.50 15/07/17 |
| **400 Ind Medley** | No Time | A Barnwell6.31.12 16/12/12 | A Buckingham6:07.17 8/03/24 | A Buckingham6.04.54 18/11/23 | A Buckingham5.50.64 01/02/25 | L Young5.43.38 25/01/15 | A Buckingham5.36.97 11/05/25 | L Young5.27.92 12/03/16 | J Taylor-Smith5.55.66 15/06/03 | C Walmsley5.26.74 25/10/15 |

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| **SENIOR GIRLS** |
| **Event** | **14 years****50m** | **14 years****25m** | **15 years****50m** | **15 years****25m** | **16 years****50m** | **16 years****25m** | **17 years****50m** | **17 years****25m** | **18 years+****50m** | **18 years+****25m** |
| **50m Freestyle** | F McMulkin28.95 7/05/00 | A Harris27.99 11/03/12 | C Smith28.88 21/03/15 | L Howard28.13 11/06/22 | A Harris28.76 17/11/13 | C Walmsley28.27 09/06/18 | C Walmsley28.94 3/02/19 | A Harris27.16 22/03/14 | C Smith 28.18 4/02/18 | C Walmsley 27.68 8/12/19 |
| **100m Freestyle** | B Currant1.02.77 29/01/12 | A Harris59.41 25/02/12 | A Harris1.02.03 22/09/12 | A Harris1.00.22 2/03/13 | A Harris1.00.29 16/11/13 | A Harris57.68 8/03/14 | A Harris59.80 4/05/14 | N Pasquire59.15 14/11/15 | C Smith 1.00.24 28/01/18 | C Walmsley59.61 8/12/19 |
| **200m Freestyle** | B Currant2.14.38 17/12/11 | B Currant2.07.15 11/03/12 | C Smith2.11.11 4/05/15 | C Smith2.09.11 31/01/15 | A Harris2.16.79 8/02/14 | A Harris2.05.45 9/03/14  | A Harris2.08.15 3/05/14 | C Walmsley2.07.26 26/10/19 | C Walmsley 2.09.89 1/02/20 | C Walmsley2.08.50 8/12/19 |
| **400m Freestyle** | A Harris4.42.92 15/10/11 | A Harris4.28.13 10/03/12 | C Smith4.33.58 21/03/15 | C Smith4.29.87 8/11/15 | A Harris4.36.73 8/12/13 | C Walmsley4.29.53 20/10/18 | C Smith4.27.73 14/05/17 | N Pasquire4.22.45 8/11/15 | C Smith 4.28.54 02/08/18 | T Staines4.19.69 27/10/24 |
| **800m Freestyle** | C Walmsley9.47.09 30/01/16  | B Currant9.20.93 18/02/12 | C Smith9.23.60 12/04/15 | C Smith9.13.35 6/11/15 | A Harris09:16.46 8/03/14 | C Walmsley 9.20.76 2/11/18 | C Smith9.12.11 26/07/17 | C Smith9.03.03 19/11/17 | T Staines9.09.25 31/07/24 | T Staines9.05.30 21/10/23 |
| **1500m Freestyle** | L Howard19.16.03 22/01/22 | M Walmsley18.54.00 20/12/18 | A Barnwell18.32.78 19/01/19 | A Barnwell18.01.09 20/12/18 | C Walmsley17.48.70 27/07/18 | K Edwards19.13.29 25/02/06 | C Walmsley17.36.62 21/04/19 | No Time | C Walmsley17:36:51 18/01/20 | T Staines17.10.51 4/11/23 |
| **50m Backstroke** | E Powell 34.26 19/05/01 | A Gee33.30 11/03/12 | L Howard34.12 05/02/23 | C Walmsley32.60 24/06/17 | C Walmsley33.26 4/02/18 | C Walmsley31.96 09/06/18 | C Walmsley33.25 03/02/19 | C Walmsley31.52 15/06/19 | C Walmsley 33.92 2/02/20 | E Powell 34.90 20/03/05 |
| **100m Backstroke** | G Wylie1.09.24 2/05/16 | B Currant1.09.26 27/11/11 | C Walmsley1.12.33 28/01/17 | C Walmsley1.08.21 19/11/17 | C Walmsley1.09.25 27/01/18 | C Walmsley1.07.42 09/06/18 | N Pasquire1.09.16 14/02/16 | C Walmsley1.06.81 15/06/19 | C Walmsley1.09.59 26/01/20 | C Walmsley1.07.87 14/12/19 |
| **200m Backstroke** | G Wylie2.27.94 30/04/16 | B Currant2.27.76 4/12/11 | C Walmsley2.29.03 14/05/17 | C Walmsley 2.22.01 19/11/17 | C Walmsley2.27.38 4/02/18 | C Walmsley2.21.65 30/09/18 | C Walmsley2.25.94 03/02/19 | C Walmsley2.21.96 16/12/18 | C Walmsley2.26.09 2/02/20 | N Pasquire2.24.56 12/03/16 |
| **50m Breaststroke** | C Walmsley38.22 25/03/16 | A Barnwell 36.43 19/11/17 | L Howard36.59 04/02/23 | A Barnwell36.01 9/12/18 | C Walmsley37.71 3/02/18 | C Walmsley36.01 29/09/18 | C Walmsley 38.32 2/02/19 | C Walmsley 36.31 9/12/18 | C Walmsley 35.99 1/02/20 | M Owens 39.98 21/09/13 |
| **100m Breaststroke** | C Walmsley1.22.36 14/02/16 | C Rogers 1.15.10 9/12/17 | C Walmsley1.18.28 30/04/17 | C Rogers1.15.88 12/10/19 | C Walmsley1.18.03 28/01/18 | C Walmsley1.17.07 9/12/17 | C Walmsley1.18.15 27/01/19 | L Buckingham1.15.49 9/12/23 | C Walmsley1.17.20 26/01/20 | C Walmsley1.19.20 21/12/19 |
| **200m Breaststroke** | C Rogers 2.44.27 15/12/17 | C Walmsley 2.47.97 25/09/16 | C Walmsley2.46.31 14/05/17 | C Walmsley 2.43.82 18/11/17 | C Walmsley2.50.61 4/02/18 | C Walmsley 2.42.21 20/10/18 | C Walmsley 2.52.55 3/02/19 | C Walmsley 2.47.61 16/12/18 | C Walmsley2.46.85 02/02/20 |  C Walmsley 2.45.47 22/12/19 |
| **50m Butterfly** | E Jesson31.21 17/11/12 | F McMulkin30.81 26/03/00 | A Gee30.60 26/01/13 | A Gee30.41 17/03/13 | A Gee29.95 3/05/14 | A Gee30.29 23/03/14 | A Gee 30.72 22/03/15 | A Gee30.55 6/12/14 | M Walmsley30.74 20/03/22 | M Walmsley30.77 11/06/22 |
| **100m Butterfly** | A Gee1.07.00 20/05/12 | A Gee1.06.07 12/05/12 | A Gee1.05.66 29/03/13 | A Gee1:05.89 3/03/13 | A Gee1.05.31 3/05/14 | A Gee1.05.05 9/03/14 | A Gee1.06.30 3/04/15 | A Gee1.04.34 11/10/14 | A Gee1.07.24 28/01/17 | A Gee1.05.36 14/11/15 |
| **200m Butterfly** | A Gee2:23.15 6/05/12 | A Gee2.21.43 25/02/12  | A Gee2.21.64 31/03/13  | A Gee2.19.68 2/03/13 | A Gee2:21.23 20/04/14 | A Gee2.19.28 8/03/14 | A Gee 2.22.56 11/04/15 | A Gee2.20.58 6/12/14  | A Gee2.20.17 7/08/15 | A Gee2.19.93 15/11/15 |
| **100m Ind Medley** | - | B Currant1.09.91 26/02/12 | - | C Walmsley1.09.68 24/06/17 | - | K Edwards1.11.82 5/03/06 | - | Z Smith 1.12.29 15/03/09 | - | L Semper1.17.94 19/03/05 |
| **200m Ind Medley** | B Currant2.34.30 29/01/12 | B Currant2.27.99 25/02/12 | C Walmsley2.28.78 1/05/17 | C Walmsley2.25.05 11/11/17 | C Walmsley2.26.95 27/01/18 | C Walmsley2.21.52 10/11/18 | C Walmsley2.26.03 26/02/19 | C Walmsley2.22.72 16/12/18 | C Walmsley2.26.49 25/01/20 | C Walmsley2.22.69 14/12/19 |
| **400 Ind Medley** | A Gee5.22.24 5/05/12 | A Gee5.13.04 10/03/12 | C Walmsley5.14.70 30/04/17 | C Walmsley5.10.78 30/11/17 | C Walmsley5:05.88 31/07/18 | C Walmsley4.59.05 3/11/18 | C Walmsley5.10.11 22/04/19 | C Walmsley5.06.43 27/10/19 | C Walmsley5.11.51 1/02/20 | C Walmsley5.05.17 21/12/19 |