

Winter Development Meet 2025

(Under Swim England Laws and Technical Rules)

Licensed by Swim England for entry into Regional Championships at Level 3 under No. 3ER252300
Team Luton Swimming Club is affiliated to Swim England Bedfordshire and Swim England East Region

Ages as at 7 December 2025

Sunday 7 December 2025

at Inspire: Luton Sports Village

Butterfield Green Road, off Hitchin Road, Luton, LU2 8DD

PROGRAMME OF EVENTS

Sunday 7 December 2025

Session 1: Warm-Up 8.15am Start 9.00am

Open/Male	All Ages	400m Freestyle
Female	All Ages	400m Freestyle
Open/Male	All Ages	100m Breaststroke
Female	All Ages	100m Breaststroke
Open/Male	All Ages	50m Backstroke
Female	All Ages	50m Backstroke
Open/Male	All Ages	100m Butterfly
Female	All Ages	100m Butterfly
Open/Male	All Ages	200m Backstroke
Female	All Ages	200m Backstroke

Session 2: Warm-Up 11.45am Start 12.30pm

Open/Male	All Ages	200m Freestyle
Female	All Ages	200m Freestyle
Open/Male	All Ages	200m Butterfly
Female	All Ages	200m Butterfly
Open/Male	All Ages	50m Breaststroke
Female	All Ages	50m Breaststroke
Open/Male	All Ages	200m Ind Medley
Female	All Ages	200m Ind Medley
Open/Male	All Ages	50m Freestyle
Female	All Ages	50m Freestyle

Session 3: Warm-Up 3.30pm Start 4.15pm

Open/Male	All Ages	100m Ind Medley
Female	All Ages	100m Ind Medley
Open/Male	All Ages	200m Breaststroke
Female	All Ages	200m Breaststroke
Open/Male	All Ages	100m Backstroke
Female	All Ages	100m Backstroke
Open/Male	All Ages	50m Butterfly
Female	All Ages	50m Butterfly
Open/Male	All Ages	100m Freestyle
Female	All Ages	100m Freestyle

Approx Finish 6.45pm